



**Facial
Rejuvenation
Through
Cosmetic
Acupuncture**

Dr. Qinghong Han A.P.

www.doctorhan.com





Aging is an ongoing process we all experience. Fortunately, we can slow its effects without risking harm to our bodies.

For thousands of years, the Chinese have known that internal nourishment and the smooth flow of blood and energy within the body reveal themselves through a healthy external radiance.

Cosmetic Acupuncture is a safe and effective way to rejuvenate your face and make your skin appear younger, fresher and more radiant – without plastic surgery or other invasive techniques.

Contact Dr. Han for more information on this procedure at 941-486-1555.



What is Cosmetic Acupuncture?

According to Chinese medicine, wrinkles begin internally from a weakness and imbalance of Qi (“Chee”). Qi circulates within a series of pathways called Meridians, which travel throughout the body providing nourishment, support and energy to every cell, tissue, muscle and organ. As we get older, it becomes more difficult for Qi to flow upwards toward the face. Cosmetic Acupuncture uses Chinese medicine principles to stimulate the Qi and bring vibrancy back to our outward expressions.

Using one simple procedure over a course of a personalized treatment plan, Dr. Han will insert tiny needles in specific acupoints to bring your Qi into its most beneficial balance. This brings the benefits to you face and softens lines, improves muscle tone and much more.

Your face keeps its unique character and avoids the swelling, discoloration, recovery time and expense that may result from plastic surgery.

How long does Cosmetic Acupuncture Last?

Depending on your age and general health, the results of cosmetic acupuncture can last for months to over a year. Number of treatments needed also depend on your personal needs, but most patients can achieve a noticeable look of refreshment and rejuvenation after 10 to 20 sessions.

Cosmetic Acupuncture Works!

A study published in the *INTERNATIONAL JOURNAL OF CLINICAL ACUPUNCTURE* found that 270 out of 300 people treated with cosmetic acupuncture saw marked effects – such as fairer and more delicate skin, improved muscle elasticity, smoother complexion and overall rejuvenation – with just one course of cosmetic acupuncture.



What can Cosmetic Acupuncture do?

- Redefine cheekbones
- Lift saggy jowls
- Erase frown lines
- Lift droopy eyelids
- Tighten chin muscles
- Increase collagen production
- Increase muscle tone and elasticity
- Reduce wrinkles
- Rejuvenate the body
- Help control acne
- Increase blood circulation
- Oxygenate the skin

Dr. Qinghong Han, M.D. in China, has specialized training in the Chinese method of acupuncture facelift, which includes needle placement and other highly-detailed techniques. Her practice also integrates Western medical theories and research to ensure positive results for people of all ethnicities and skin types.

Dr. Han is a Board Certified Acupuncture Physician who began her medical training at the Hubei College of Traditional Medicine. She went on to study both Chinese and Western medicine at Tongji Medical University in Wuhan, and she completed her residency at Dongshan Hospital in Yichang. In 1998, Dr. Han moved to Sarasota to work as an Acupuncture Physician and Professor at the East-West College of Natural Medicine.

With over 17 years of clinical experience in Acupuncture and Chinese Herbal Medicine, Dr. Han now treats a variety of disorders and practices all phases of family medicine from her private practice offices in Venice and Sarasota. Please contact Han's Chinese Medicine today for a complimentary consultation.

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